

# EATANYTHING

|                   | TESCO              | WAITROSE            | SAINSBURY'S        | ALDI                | LIDL               | ASDA                |  |  |
|-------------------|--------------------|---------------------|--------------------|---------------------|--------------------|---------------------|--|--|
| Soft drink 1      | 7 cal per<br>330ml | 12 cal per<br>330ml | 4 cal per<br>330ml | 14 cal per<br>330ml | 2 cal per<br>330ml | 25 cal per<br>330ml |  |  |
| Low-cal orangeade |                    |                     |                    |                     |                    |                     |  |  |
| Soft drink 2      |                    |                     |                    |                     |                    |                     |  |  |
|                   |                    |                     |                    |                     |                    |                     |  |  |
| Snack 1           |                    |                     |                    |                     |                    |                     |  |  |
|                   |                    |                     |                    |                     |                    |                     |  |  |
| Snack 2           |                    |                     |                    |                     |                    |                     |  |  |
|                   |                    |                     |                    |                     |                    |                     |  |  |
| Meal 1            |                    |                     |                    |                     |                    |                     |  |  |
|                   |                    |                     |                    |                     |                    |                     |  |  |
| Meal 2            |                    |                     |                    |                     |                    |                     |  |  |
|                   |                    |                     |                    |                     |                    |                     |  |  |